



# News for Lake Country UUs

Lake Country Unitarian Universalists  
rejoice in life, find the sacred, seek justice,  
with open minds and hearts.

**NOVEMBER 2008**

Rev. Linda Berez, Minister  
Kerry Duma, Director of Religious Education  
Karen Haskell, Choir Director

**Sunday Services and Religious Education for Children/Youth—10:00 a.m.**

**W299 N5595 Grace Drive, Hartland WI, 53029**

At the intersection of Hwy E and Hwy K

**November 2: "Joy," a sermon authored by Rev. Edwin Charles Lynn and presented by LCUUC member John Kuhn**

As the holiday season glimmers in the not-too-distant future, the Church of the Larger Fellowship on-line resource brings us this sermon, an inspiration to each of us to recognize and to cherish the joy in our lives. It is a reminder to seek out the goodness that can be found in every day.

**November 9: "Who Wins?," by Rev. Linda Berez**

If you work hard, support a candidate, and they win the election, it feels good. Yet, if you work hard, support a candidate, and they lose, it might not feel so good. Regardless of the outcome of this Presidential election, some will feel better than others. As Unitarian Universalists, how is it that we best live within the interdependent web of all existence, and as citizens of this country, how do we best live with each other, no matter who wins?

**November 16: "Last Words," by Rev. Linda Berez**

Today's sermon will draw upon the inspiring words of the Rev. Forrest Church, Minister of Public Theology at All Souls Church in New York, and Randy Pausch, Computer Science Professor at Carnegie Mellon University and author of *The Last Lecture*. Church says that our goal in life "is to live in such a way that our lives will prove worth dying for." Is your life worth dying for? And, if you had a chance to pen your last words as both these men have, what would you want to share? Let's explore these questions together.

**November 23: "Who Will You Thank?," by Rev. Linda Berez**

Please join us for our annual Thanksgiving Day service and meal to follow. This intergenerational service will include a welcoming ceremony for our newest members, music, and a time to give thanks to those people and things in our lives that we are most grateful for. All are welcome.

**November 30: "Breaking Evil," by LCUUC member Michael Santo**

This sermon will explore the subject of evil and its relationship to senseless violence, thoughtlessness, and a possible response to evil by my own thoughtfulness. The very broad topic of evil in the world will, consequently, be reduced to my role in it and how I can break its power.

**Food/Needs Collection**

The first Sunday of the month is our food pantry collection. Please bring your contribution to church with you on Sunday, November 2.





## A Note From Our Minister

Greetings,

As you read this message today, we are within a week of the election for the next President of the United States. Even if you don't own a TV or listen to much radio, it would be difficult not to be aware of this impending change in leadership of our country. Everywhere I go there are signs supporting one of the candidates. It seems that with so much at stake—our economy, our involvement in foreign wars, the environment and health care, to name a few of the issues—it would be difficult for anyone not to be involved, or not interested in casting a ballot. Yet, the statistics from the election in 2000 show that 14% of the people who were registered to vote didn't, and a high percentage of those people said it was because they were too busy. Too busy!

Our Unitarian Universalist principles remind us of the importance of the democratic process, and I believe that we must exercise our rights as citizens of this free country or we may lose them. So, if you think you're going to be too busy to vote, I urge you to vote absentee. The city of Franklin, where I live, has voting booths set up at city hall, and absentee ballots are available to anyone, regardless of the reason, until the day before the election. I hope (and I believe) I'm preaching to the choir, but maybe you know one of those 14%. Encourage them to vote, or help them get there if they are unable. Voting is very UU, as I like to say.

Then, after the election, on November 9th, join me for my "Who Wins?" service. Let's take time to explore together that day what the outcome of the election means for all of us.

Later in the month I'm looking forward to our annual Thanksgiving service and new member welcome ceremony. And, be sure to join me and the membership committee for the new Unitarian Universalist classes, an introduction to our faith and our church on November 8th and 9th. Please see the articles later in this newsletter for more information on the services, the potluck meal, and the classes.

November and the Thanksgiving holiday remind us to be mindful of the blessings in our lives and the people and things we are thankful for always. I want to share with you how grateful I am to be a part of this church and the ways in which it has enriched my life.

In closing, I feel moved to share with you my hope for all of us during the next few days. I know that our passion for change to happen in our world and the struggles some of us may be facing during this difficult economic period may at times seem overwhelming. I hope you can find time for yourself and to be with your family, to renew, and be reminded of the goodness of life.

Take care, my friends.

Linda

### Note:

Rev. Linda Berez is available by appointment and has office hours on Tuesdays from 3 to 5 p.m. You may call the church office at 262-369-1703 x500 and leave a message or email her directly at [minister@lcuuc.org](mailto:minister@lcuuc.org).

## On Board!

Highlights of the Board's October meeting include:

**Church Security Update:** Gerry F provided an update on the Security Task Force. Doorbells have been installed on both doors. The doors will be locked at all times, except for the front door on Sundays. (The back door will be locked on Sundays.)

If you are hosting a meeting or event at the church, it is recommended that you keep the door open until people have arrived. Then, you can take the doorbell chime (plugged in below the office window) to your meeting space (and plug it in). In doing so, you will be sure to hear anyone ringing the doorbell. Please remember to put the remote back in the outlet below the office window at the end of your meeting.

The Waukesha County Sheriff non-emergency number has been posted by the phone in the office (262-446-5070). Please report any unusual behavior, threats, or restraining orders.

In addition, the Task Force plans to train ushers/greeters in security issues, formulate a fire and tornado plan, create a security manual, and discuss the possible need for a security system with the Board.

---

Thanks to Gerry and the Task Force for all their work and concern with our security!

**Board Retreat:** The Board held its annual retreat on Saturday, October 25<sup>th</sup>. A facilitator from the district helped the Board consider issues relating to growing from a small to a mid-sized church.

**New Member Welcome:** The Board officially recognized our new members: Dawn J, Thomas V, Fran B, and Joanne L. Welcome!

**Landscaping:** Thanks to Phil S, Karen H, and Esther F for cutting our labyrinth! The labyrinth can be found at the end of a path in the southwest grass area. Work on the Commemorative Garden will be started in the spring.

**Pathways Committee:** See page 5 for information on a new planning committee for the church.

*Submitted by Lynne S*

### New Member Welcome Ceremony

On November 23<sup>rd</sup> Lake Country Unitarian Universalist Church will welcome new members as part of the Thanksgiving worship service. The congregation and new members will covenant to be partners in the search for truth, meaning, and justice within a caring community. Friends interested in joining LCUUC should talk with Yvonne F or Lynne S at the church office.



### New LCUUC Directory

A new LCUUC Directory will be coming in December. Please check your current directory to make sure all your information is correct. If you have made any changes (address, phone, email, status, etc.), please contact Kirsten J at the church office.

### Newsletter Delivery

The newsletter database is tied to the directory, and it is constantly changing and being updated. Once in a while, your newsletter (via the postal service or email) doesn't arrive as expected. If you haven't received your newsletter by the first week of the month, please contact Kirsten J.

November  
**Happy Birthday  
 Wishes to:**

4 Liz K  
 5 Adler K  
 7 Alison H  
 7 Morgen M  
 8 Stephen S  
 12 Sara F  
 12 Greg V  
 16 Ellen T  
 17 Anita G

17 Abby L  
 19 Kathie G  
 20 Eric L  
 23 Meriah F  
 23 Allison H  
 25 Shelby S  
 26 Susan L



(Please contact Kirsten J if your name is not included in the birthday congratulations.)

**November Calendar of Events**  
 (all events at LCUUC unless otherwise noted)

Every Tuesday	SOS	7-8:30 pm
Sunday, 2	Choir rehearsal	8:30 a.m.
	Food pantry collection	During the service
	<i>A New Earth</i> discussion (see p. 9)	After the service
	Make A Difference Day (see p. 7)	Noon
Thursday, 6	Mindfulness Meditation (see p. 9)	7-9 p.m.
Friday, 7	Dances of Universal Peace (see p. 9)	7 p.m.
Saturday, 8	New UU Orientation (see p. 9)	2:30-4:00 p.m.
Sunday, 9	Choir rehearsal	8:30 a.m.
	New UU Orientation (see p. 9)	11:45 a.m.-2:00 p.m.
Thursday, 13	Board meeting	6:30 p.m.
Saturday, 15	Socrates Cafe (see p. 9)	7 p.m.
Sunday, 16	Choir rehearsal	8:30 a.m.
	Sing for service	
	<i>A New Earth</i> discussion (see p. 9)	After the service
Tuesday, 18	Spirit of Life, Adult RE (see p. 9)	6:30 p.m.
Thursday, 20	Mindfulness Meditation (see p. 9)	7-9 p.m.
Sunday, 23	Choir rehearsal	8:30 a.m.
	Sock It To Poverty sock return (see p. 5)	
	Thanksgiving Potluck Meal (see p. 10)	After the service
Sunday, 30	Tentative choir rehearsal	8:30 a.m.

Hold the date: Feb. 28-March 1, LCUUC Retreat

## The Future Is Ours!

At their meeting in October, the LCUUC Board took the first step of a journey we will all travel together this year, one that will lead us ahead for years to come. The Board created a planning committee for our church, which has named itself the "Pathways Committee." The Board noted that it has been 5 years since the Roots & Wings strategic planning process began, and many of the goals and objectives have been accomplished, but not all of them. The Board created the Pathways Committee to lay a path toward completing the congregation's remaining directives described in the Roots & Wings strategic plan.

Specifically, the Board charged the Pathways Committee with the task of creating an action plan, for recommendation to the Board and ultimately for approval of the congregation. The action plan is to concentrate on these four goals of the Roots & Wings plan:

1. Identify our plan for professional ministry.
2. Develop a financial structure to support LCUUC's strategic plan.
3. Support the development of current and future leaders in the LCUUC community.
4. Offer programming that supports and enriches the purpose (mission) of LCUUC.

The Pathways Committee has already met and has begun its work on these tasks. The Pathways Committee members are: Eric L, Chair; Sonia W, Vice Chair; Yvonne F, Secretary; Meriah F; and Chris P. The Pathways Committee is slightly overwhelmed, but on the whole excited about this opportunity, and its members look forward to hearing from each one of you.

Congregational input will be a key component of this process. You will be asked to participate in the coming months, as we chart our journey ahead. The future is ours! What are the institutional structures we need, and what steps do we need to take to reach our goals? The Pathways Committee has not yet identified all of the methods that will be used to gather information, but it is clear that congregational participation will be essential for the development of this plan. The plan will not work if it does not have congregational support. Please watch for upcoming announcements about the ways that you can contribute your thoughts and ideas, and please participate in this process. Let's build together the intentional church community that we want to become.

*Submitted by Eric L*

### Chalice Lighters

The Chalice Lighters program has long been helping our congregation and 33 fellow UU congregations in the Central Midwest to thrive and grow. Three times a year, members receive a "call" letter describing the project or need of a congregation that has been selected to receive our donation. Members then send a check for \$10, Basic; \$20, Believer; \$50, Builder; \$100, Benefactor; \$250, Beacon; or \$Other, no limit.

In the past we have been chosen to receive help with the original founding of LCUUC, to pay for ministerial and teaching services,

and for a generous boost to our "Great Leap of Faith" in purchasing the wonderful building we now enjoy. We have also had the pleasure of seeing other congregations grow and prosper because of our donations.

Contact Robin R for an application to join. Robin will not be taking money—please wait for a "call" letter to send your donation.



## RE-flections—From Our Director of Religious Education

In October, I had the good fortune of attending a workshop on UU Identity at the DuPage UU Church in Naperville, Illinois. The workshop focused on the Sources from which we draw our UU Principles. It allowed us to reflect on our life journeys that brought us to Unitarian Universalism, and to honor the religious traditions that are at the roots of our faith. It was an enriching, spiritually uplifting experience for me.

At the LCUUC Retreat in February/March, we will be doing some of the elements of the workshop as a group. I look forward to sharing these experiences with many of you!

Update on RE classes:

### High School and Middle Schoolers Make A Difference

The High School and Middle School classes will be going out on Sunday, November 2<sup>nd</sup> to help two elderly individuals with yard cleanup as part of Interfaith's Make A Difference Day.

Please note: Youth should dress for the weather, and please bring a rake!

### Thank You's

Our Middle Schoolers did a great job of cleaning up our stretch of highway on Sunday, October 12. The road looks great, guys! Thanks to Dave and Leann C, Tom V, and Kristin S for helping with the task.

Thanks also to Gerry F for helping the 1<sup>st</sup> and 2<sup>nd</sup> grade RE Class plant tulip bulbs.

### RE Classroom Highlight

Each month, we'd like to highlight some of the activities happening in our classrooms. This month, we have a submission from the 1<sup>st</sup> and 2<sup>nd</sup> grade class:

*We have been learning all about our church. We made friends with our classmates and made a mural together. We got a tour of the building and grounds from Greg S. We invited some of the people who help make our church work into our classroom and learned some new things: Terry C talked to us about the Caring Circle and the Social Action Committee, both of which help people; Kathie G taught us about the newsletter and the website and told us how she likes to let others know what's going on in our church; Kerry D told us*

*about liking to get to know the children in our church; and Karen H told us how she loves to share music with people in our church. We also planted bulbs with the help of Gerry F on a beautiful Sunday morning that we'll all get to enjoy in the spring. We're having a fun year in RE and learning too!*

### OWL To Be Offered in 2009

LCUUC will offer the Our Whole Lives (OWL) Sexuality Education for Grades 10–12 in February and March of 2009. For those who are unfamiliar with this program, here is a brief summary:

Most of us want our children to grow up with positive, healthy attitudes about their sexuality. We want to provide accurate information, provide a forum in which all questions are legitimate and appropriate and where participants are treated with respect. We want our children to learn about sexuality issues in ways that will be useful throughout their lives, and we want to help our children develop the skills they need to make good decisions that will allow them to enjoy a healthy, satisfying life. These are also goals of the Our Whole Lives (OWL) Curriculum. Another goal of the program is to support parents in their role as the primary sexuality educator of their children.

OWL is a progressive approach to sexuality education that addresses the totality of human sexuality in an age-appropriate manner. It is based firmly on the values of self-worth, sexual health, responsibility, justice, and inclusivity. The program affirms equity between the genders and the inclusion of bisexual, gay, lesbian, and transgender people. Criteria for sexually healthy relationships are explicitly identified as a yardstick for making decisions.

The OWL program uses four themes to address major topics in sexuality of interest to teens:

**Sexual Health:** Sexual language and its impact, perception, and feelings about our bodies, sexual and reproductive anatomy and physiology, sexual health care, making safer sexual choices.

**Lifespan Sexuality:** Gender roles and identity, sexual orientation, the process of conception, pregnancy, and birth, parenting responsibilities

**RE-flections** (continued from previous page)

and alternatives, healthy expressions of sexuality.

**Building Healthy Sexual Relationships:**

Communication issues and skills, intimacy in sexual behavior, masturbation, impact of love and sex in popular culture, elements of unhealthy relationships.

**Sexuality and Social Issues:** Reproductive rights, abortion, ethics in reproductive issues, sexual exploitation, harassment and abuse, equity and justice issues relating to sexuality.

These topics are introduced and discussed sequentially; teens are prepared by the topics covered early in the curriculum for those covered later. Topics are presented through a variety of means, including activities, presentations, and role playing. The curriculum is being offered by a team of trained facilitators including Rob Suhr, Kristin Sanden, John Staudt, and Lynne Smith.

An orientation session will be offered to members of the congregation who are interested in learning more about the program. Attendance at the orientation session is required of parents who have teens that are interested in participating in the program. The orientation will be held on January 11th, 2009 from 12:00 noon to 2:00 p.m. in the middle school room. We will offer a light lunch at 11:30 a.m.

If you would like to attend the Our Whole Lives orientation, please RSVP to Kerry at

dre@lcuuc.org. Also contact Kerry if you would like more information. The orientation session is open to any adult member of the congregation who is interested in learning more about the program.

In faith and hope,

Kerry Duma, Director of Religious Education

**OWL Facilitator Training Held at LCUUC**

In order to offer the Our Whole Lives Sexuality Education program, we need to have trained facilitators. Four members of LCUUC were trained in October at a 2-day OWL Facilitator Training held here at our church. Lynne and Phil S, Carlyn W, and Kerry D join the other members of our congregation who have already taken the training – Erich and Tracy M, Rob S, Kristin S, Sonia W, and John S. The training is extensive and highly informative. Participants learn about the curricula and about how to conduct the activities in the program in a supportive and constructive environment.

There were 18 people at the training held here in October. A big thank you goes to Lynne and Phil S for providing Home Hospitality for three of the attendees, and also big thanks to them and Carlyn W for all their help with the food and cleanup. And thanks to Janica Y for rescuing us by bringing in her slide projector!

**Fundraising: SEWUUC Fruit & Nut Sale**

The sale takes place from Sunday, Nov. 2 thru Sunday, Nov. 16. Purchase top-quality products, great gifts, and tasty treats for holiday baking and snacks.

All products create public awareness of the presence of Unitarian Universalist churches through:

1. Sponsorship on Wisconsin radio stations (WHAD, WUWM, and WGTD).
2. Selected print advertisements, especially targeting young adults.
3. The return of 10% of each congregation's net sales for local publicity efforts.

Sales will take place in the Social Hall following services. Delivery begins on Sunday, Nov. 30.



---

---

## Get Involved / Things to Do

---

---

### Mindfulness Meditation: Therapeutic Thursdays

Join us in meditation on Therapeutic Thursdays, the **first and third Thursday of the month** (in November, that's the 6th and 20th). On each first Thursday of the month, meditation will be led by Paul Norton of the Order of Interbeing. We meet from 7 to 9 p.m. in the sanctuary. Paul will offer instruction in meditation from 6:30 to 7 p.m. for beginners or those wishing to have a refresher. On the third Thursday of the month we will be offering member-led meditation and meet from 7 to 9 p.m. We are loosely reading *The Places that Scare You* by Pema Chodron. Call Joanne N at the church office with any questions.

---

### A New Earth Book Club

A *New Earth* book club meets on the **first and third Sunday of the month**, after the service.

---

### Dances of Universal Peace

Our friends from the Mukwonago UU Church have again offered to lead us in the Dances of Universal Peace. The gathering will take place at LCUUC on **Friday evening, November 7th** at 7:00 p.m. We hope you can join us for this special opportunity. The October newsletter included a detailed description of the Dances. If you have any questions, contact Kerry D with any questions.

---

### Socrates Café

Join us for a casual, lively philosophical inquiry. Bring a question (if you'd like), such as "What is real change?" (in the spirit of the upcoming election), "What is home?", etc. Using the Socratic method (or not!), in which the meanings of the words and the underlying assumptions in the question are examined, we will attempt to answer the question. If not answer it, we will at least generate more questions! Come to listen, come to share.

Socrates Café will take place on **Saturday, November 15th** from 7 to 9 p.m. at Milwaukee Street Traders (one block west of Hwy C on Milwaukee St, in Delafield). Call Phil S with any questions.

# New UU Orientation

## November 8 & 9

Are you interested in learning more about Unitarian Universalism and LCUUC? Would you like to meet others who are new to this church? Then consider attending the two-part New UU Orientation Class. The first session will be held on **Saturday, November 8th** from 2:30 to 4:00 p.m. and will focus on our spiritual journeys. The second session will be on **Sunday, November 9th** from 11:45 a.m. to 2:00 p.m. During this time our minister, Linda Berez, and others will talk about the history of Unitarian Universalism, LCUUC history, governance, current programming, what it means to be a member, and ways to get involved. A light lunch will be provided on Sunday for participants. Child care will be available for those who request it in advance. There is a sign-up sheet on the bulletin board in the social hall under "Church Life." Please let us know by November 2nd if possible if you are interested in attending. Contact Yvonne F or Lynne S at the church office if you have questions.

---

### Spirit of Life

"Spirit of Life," an adult religious education course, seeks to bring meaning, beauty, inclusivity, and growth to Unitarian Universalist adults as they deepen their spiritual awareness and connections. We will gather monthly on the third Tuesday of each month. A group of us met in October to begin the program, and the next class will be **November 18th at 6:30 p.m.** Newcomers and drop-ins are always welcome. Please contact Linda at [minister@lcuuc.org](mailto:minister@lcuuc.org) if you would like more information.

## Get Involved / Things to Do (*continued*)

---

### Annual Thanksgiving Pot Luck



This has been one of our favorite annual traditions. Members, friends, visiting guests, and relatives are all welcome. Everyone who shows up will be fed! We will serve at the church,

**immediately after the Nov. 23 Sunday service.**

There will be sign-up sheets in the social hall after services in November. In addition to signing up for dishes, we'll also be asking for volunteers to help with setup and cleanup.

Contact Tim P or Deb S with any questions.

---

### Soccer

With the arrival of crisp fall weather, it is time to get ready for the LCUUC Overs-Unders soccer games. At this time, the exact day has not been set, but it will be on the weekend of Nov. 22-23. Contact Al H if interested in becoming involved.

---

### Brew Like a UU!

It's not too late to sign up to participate in the Fourth Annual UU Homebrew Festival and Competition! This event has improved every year, and we expect it to be even more fun this year. We even hope to have entries from some of our sister UU congregations in the area, so the stakes are higher than ever, folks! We can't let LCUUC down!

If you missed the sign-up sheet during the silent auction, you can still register to enter by contacting Eric L. If you want to learn more about this, or if you want to participate on a team, call or email Eric and he can make those arrangements for you.

---

### Creating Communities

You are invited to the Creating Communities Campaign Kick-Off on **Tuesday, December 2, 2008** from 5:30 to 7:00 p.m. at Steinhafel's Furniture Superstore. Join the Waukesha County Affordable Housing Task Force as they officially launch their campaign for a housing

trust fund in Waukesha County! Steinhafel's is located at W231 N1013 Hwy F in Waukesha, near the corner of I-94 and Hwy F. Please preregister for this event with Heather Dummer Combs ([heatherdc@interfaithconference.org](mailto:heatherdc@interfaithconference.org) or 414-276-9050). Or see Betsy F-C for more details.

---

### LCUUC Retreat

The LCUUC Retreat is making a comeback! This year, we will again be going to Lutherdale in Elkhorn for a weekend of rest, relaxation, and spiritual renewal. Mark your calendars for **February 28/March 1**. More information will follow soon. If you have questions or would like to get involved in planning the retreat, please contact Kristin S or Jeff K.

---

### Movies that Matter and Welcoming Congregation

The date is not yet set, but we look forward to a combined Movie that Matters and Welcoming Congregation event. Our first presentation will be the movie *For the Bible Tells Me So*, which will also be used to help introduce the Welcoming Congregation program. The movie presents five Christian families, each with a gay or lesbian child. Intermingled with the stories of each of the families are commentary from both Protestant and Jewish theologians as well as clips of fundamentalist preachers, pundits, and news programs. The movie proposes that much of Christianity's homophobia derives from a misreading of scripture, denial of science, and an embracing of quack psychology. Welcoming Congregation is a volunteer program for congregations that wish to become more inclusive of bisexual, gay, lesbian, and transgender people. Developed by the UUA, the program consists of a series of workshops with the primary goal of reducing prejudice by increasing understanding and acceptance among people of different sexual orientations. For information contact Barbara H at the church office.

---

---

## Social Action

---

---

### “Special” Collections Clarification

The Social Action Committee (SAC) has heard some concern, and would like to clear up any misunderstandings, about the *apparent* increase in collections at Sunday services. In fact, the collection basket is not being, and will not be, passed any more than once per Sunday. (The one exception is the monthly food pantry collection, which will continue to occur on the first Sunday of each month.)

In the past, the church’s annual budget included contributions to organizations the SAC designated as important parts of our work. Those contributions, funded through membership pledges, etc., have been removed from LCUUC’s budget.

In order to continue supporting certain community causes, the Board has agreed to let the SAC designate a particular organization to benefit each month from “extra” contributions (i.e., “undesignated” cash and checks marked especially for that cause) received during one particular service per month. Exactly which service that is changes from month to month to coincide with special holidays, speakers, etc.

Recent recipients:

- September: Cropwalk (\$439; see next page)
- October: Interfaith (exact total unknown by SAC at this time)
- November: Cooperating Congregations of Waukesha County

It was noted at the last SAC meeting that our total contributions this year *already* nearly equal that contributed all of last year when it was part of the church’s budget! You, the members, are feeling the same financial crunch the community organizations in our area are. Yet you still are making a positive impact on our community at large. Please know that the help you have given on these special Sundays is GREATLY appreciated—but certainly not expected or required.

*Submitted by Dave C*

### You Can Help Sock It To Poverty!

LCUUC, along with Cooperating Congregations of Waukesha County, will Sock It To Poverty in the coming weeks, to help fight poverty and homelessness in our community!

Cooperating Congregations of Waukesha County (CCWC) offers help to Waukesha County’s people in need with basic support to become self-sufficient. Each year there are a growing number of families that come to CCWC for help. Take for instance the young man who was about to be evicted because he had lost his job. He had found another job, but there was a gap in his income which left him short on the rent. CCWC’s Good Samaritan Fund was able to provide some rent assistance so that he could avoid becoming homeless.

Getting involved in the Sock It To Poverty campaign is simple. Socks will be handed out in church beginning on November 2, 2008. You simply take home your sock and start putting your change in it. Have family members put their loose change in the sock. Family members can take the socks to work and school and collect change there too. (I tried, and it looks to me like loose bills of any denomination and even checks would fit in these socks, too!) Then bring the socks back to church for collection on Sunday, November 23. The proceeds will be donated to CCWC. It’s that easy!

All the funds collected will be used for CCWC’s Good Samaritan Fund to help qualified needy persons with rent assistance to prevent homelessness, and for transportation to get to work. An anonymous donor from one of our CCWC member churches has generously offered to match all Sock It To Poverty donations, for up to \$7,000—so your donation of \$25 will mean \$50 is given in this fight against poverty.

Start saving your change and help Sock It To Poverty!

*Submitted by Eric L*

### CROP Collection

The September Social Action Collection resulted in \$439 for Church World Service, the global humanitarian agency that sponsors CROP Hunger walks. CROP stands for Communities Responding to Overcome Poverty. The proceeds go toward domestic and international poverty-reducing efforts. Thanks so much to those who supported this crucial cause.

### Winter Coat Collection

LCUUC will be joining United Unitarian & Universalist Society of Mukwonago to collect winter coats this fall. The coats will be distributed to agencies in the Waukesha and Milwaukee area in time for cold winter weather. Please put aside your gently used winter coats of all sizes and bring them to church between now and November 16th. Look for a collection box in the church lobby specifically for the coats.

### Donate Yarn to Keep Neighbors Warm This Winter!

In 2007, 98 Needlecraft Program volunteers from the Retired and Senior Volunteer Program (a program of Interfaith Senior Programs) donated over 7,000 hand-knitted items including preemie hats, afghans, lap robes, wheelchair and walker bags, hats, mittens, scarves, and more. These items were donated to 59 Waukesha County nonprofits including homeless shelters, hospitals, schools, and nursing homes.

Yarn is needed again for volunteers. Yarn should be 4-ply acrylic, baby, or cotton yarn (no wool please). Yarn can be donated at any time of the year during business hours to the office at 210 NW Barstow Street, Suite 101 in downtown Waukesha. Please contact Joan B at Interfaith Senior Programs with any questions .

### Shopping Sustainably

A number of member responses on the Green Sanctuary survey (April 2008) indicated an interest in learning more about shopping in a more sustainable way. While there is no perfect solution to the current eco-dilemma, we can offer some tips on how to go about shopping sustainably.

Many items such as coffee, chocolate, handmade basketry, etc. are now labeled fair trade. This ensures that the worker was paid a fair wage and often times includes some strict environmental standards as to how the product was grown and harvested. However, most of these goods have been shipped from the other side of the globe using a vast quantity of petroleum. Even many locally produced items (homemade soaps, clothing, teak furniture) have been made with ingredients and components shipped from across the globe. This is not to say you should not buy these items, but it is something to consider and factor into your decisions.

Cotton is often grown overseas on prime farmland using a lot of water for irrigation. In Africa, the hunger crisis is directly caused by white landowners growing cotton for export and leaving poor dry soils for the natives to farm. Organic vegetables are better for your body and better for the environment; however, those grown on large farms in California are irrigated with water diverted from the Colorado River. This river used to empty into the Pacific Ocean, but now it dries up before it gets there. Also, there are huge amounts of fuel used to ship this food from California. Why is the California organic food often cheaper than local organic? Because, the shipping costs are subsidized by the government. Again, just some factors to consider when making purchases.

#### So, Where Then To Shop and What To Buy?

Start with local small businesses and coops. They are more likely to have good employee relations and fair wages. They are also more likely to be able to dialog with you about where their products came from and listen to your requests for new products. For food, options include Hartland Market, Health and

## Green Sanctuary *(continued from previous page)*

Happiness, Good Harvest Market, various farmers markets, Outpost Natural Foods Coop in Wauwatosa, and the Willy St. Food Coop in Madison. Most of these stores also have household products and some kitchen and gift items as well. For fair trade household items and gifts, there is the Trails to Bridges store in Hartland and Plowshare in Waukesha.

The Coop America website is a great source for finding green businesses and products and services. You can also do a Google search. Recently, I was looking for baking stones for my oven. The ones in the store were made in China and didn't state on the package of what material they were made. I Googled, "baking stones, made in the USA, lead-free". I found a wonderful small community-owned pottery place in Ohio that produced lead-free pottery from local clay deposits, and they shipped in a matter of days (currently free shipping for a limited time). Most shipping materials are reusable or recyclable (the UPS store takes packing peanuts), and the UPS truck drives through my neighborhood everyday anyway. Saves me gas in my car.

### Re-Use

Perhaps the best choice you can make for the environment, though, is to not buy new products. Use what already exists and do not cut down more trees, mine more coal, pump more oil, and blast more carbon into the atmosphere. Where to buy these products that already exist? St. Vincent De Paul, Goodwill, Salvation Army, Habitat re-store, rummage sales, classified advertisements, Craig's List, E-bay, Amazon-used, your next door neighbor, church auctions, curbside garbage pick up.... Also, books, videos, and music can be borrowed from the library. Or you can buy these credit cards for downloading music legally onto your computer to eliminate lots of CD's accumulating.

### Questions To Ask Yourself

Last but not least always, always ask yourself, "Do I really need this item?" "How long will it last?" "How will I dispose of it, (recycle, or

landfill?)" "Can I find it second-hand?" "Will they come out with a better alternative if I wait 6 months?" "Can I borrow this or rent it?" Be creative, be flexible, and look for win, win, win situations! It can be really fun and satisfying to put some effort into your shopping and find a really great product.

### Resources

Here's a few more websites to check out. Also check out your local library community resource area, Google, or links off other sites:

- [www.ourmilwaukee.net/default.htm](http://www.ourmilwaukee.net/default.htm), local Milwaukee businesses
- [www.reapfoodgroup.org](http://www.reapfoodgroup.org), local food initiatives
- [www.homegrownwisconsin.com/index.htm](http://www.homegrownwisconsin.com/index.htm), restaurants that buy local
- [www.reapfoodgroup.org/BFBL/index.htm](http://www.reapfoodgroup.org/BFBL/index.htm), listing of local farms
- [www.coopamerica.org/greenbusiness](http://www.coopamerica.org/greenbusiness), wide variety of products and services
- [www.farmfreshatlas.org/southeast/waukesha.htm](http://www.farmfreshatlas.org/southeast/waukesha.htm), farmers markets and CSAs

*Submitted by Colleen K*

---

## Green Jobs Now Rally & Petition

On September 28, LCUUC members and friends joined tens of thousands of people in 674 events across America for Green Jobs Now. Our group photo is posted on the Green Sanctuary bulletin board and can be seen on the website [www.greenjobsnow.com](http://www.greenjobsnow.com). We are listed as Hartland, WI. We sent a petition with 83 signatures urging our elected officials to invest in creating millions of green jobs and a Clean Energy Corps, to the Green For All organization. If you have not seen the "I am ready for Green Jobs Now" petition, go to the [greenjobsnow.com](http://greenjobsnow.com) website, where you can read the petition and sign it on-line if you wish. And please let your elected representatives know where you stand on this issue.

*Submitted by Gerry F*

### WHO'S WHO AT LCUUC

If you have any questions regarding Lake Country Unitarian Universalist Church, feel free to call 262-369-1703.

#### Board Members:

Tim Putra, President	262-968-4986
Liz Kreml	262-567-8515
Erich Moraine	262-246-3604
Chris Peske	262-820-2697
Kay Scherer	262-376-3276
Lynne Smith	262-510-2157
John Staudt, Treasurer	262-646-8286
Rob Suhr	262-968-4052
Patty Walker	262-966-3357

### OUR MISSION STATEMENT

Lake Country Unitarian Universalist Church is a religious community that encourages spiritual growth in compassion, wisdom and understanding. We draw inspiration from the principles of Unitarian Universalism, diverse religious sources, and the breadth of human experience. We seek to live in accordance with this inspiration, working for positive change in our community, country and the world.

### NEWSLETTER DEADLINE

Submit all articles by the 20th of each month for inclusion in the next month's newsletter.

Mail items to: LCUUC—Newsletter,  
PO Box 437,  
Hartland, WI 53029-0437  
Or email to : [newsletter@lcuuc.org](mailto:newsletter@lcuuc.org)



Printed on recycled paper.

Lake Country Unitarian Universalist Church  
P.O. Box 437  
Hartland, WI 53029-0437  
262-369-1703  
[www.lcuuc.org](http://www.lcuuc.org)

News for Lake Country UUs

