



# News for Lake Country UUs

Lake Country Unitarian Universalists  
rejoice in life, find the sacred, seek justice,  
with open minds and hearts.

**NOVEMBER 2007**

Rev. Linda Berez , Minister  
Mary Movsessian, Director of Religious Education  
Karen Haskell, Choir Director

## Sunday Services and Religious Education for Children/Youth—10:00 a.m.

**W299 N5595 Grace Drive, Hartland, 53029**

At the intersection of Hwy E and Hwy K

### **November 4: "Star Light and Apple Cores," by Rev. Sydney Wilde, a CLF service presented by Yvonne Fort**

Spirituality is a subject that comes up again and again in Unitarian Universalist circles. What does it mean to experience the spirit? Rev. Wilde shares his answer to that question in this worship service. Perhaps it will help you in finding your own answer.

### **November 11: "Report on Hurricane Katrina Relief," by High Schoolers**

This service is presented by the high school group that traveled to New Orleans this past summer to help in Hurricane Katrina Relief. The high schoolers teamed up with youth from UUCW. The combined group will share an overview of the work they accomplished, and several will share their personal reflections on the trip. A slide presentation will also be shown, and we're hoping there will be time for a polylog to get first-hand feedback about their experiences.

### **November 18: "Gather 'Round the Table," by Rev. Linda Berez**

Come join us for an intergenerational service. Linda will reflect on the historical lineage between modern-day Unitarian Universalists and the pilgrims who came from England to Plymouth Rock. Mary Movsessian, Director of Religious Education, will help our children set a table of gratitude and thanks. All are welcome to gather around our tables after the service for our annual Thanksgiving meal.

### **November 25: "We're ALL Worth It," by Rev. Linda Berez**

At the 1984 annual General Assembly, Unitarian Universalists almost unanimously adopted seven principles. These principles emerged after a lengthy democratic process. They do not represent a creed or a set of beliefs to which we must all subscribe and recite weekly. What they represent is a covenant, a promise of mutual trust and support. Our first principle affirms the inherent worth and dignity of every person, but what does this mean for us at this time in history? How would we understand it as it relates to every person, not just those with whom we associate?

### **Food Pantry**

The Nov. 4 food pantry collection has been designated for the Oconomowoc Pantry. The pantry also has a special event planned for December 10, when a Canadian Pacific Railroad Holiday Train will come into town, as part of an ongoing hunger awareness campaign run by the Canadian Pacific Railway since 1999. Prior to the train's stop in Oconomowoc, area residents are asked to drop off food for the Oconomowoc Food Pantry at several locations. See the article on page 8 for more details.



## A Note From Our Minister

Greetings.

I must admit as we move into the month of November that I really like the Thanksgiving holiday. It's not a day where we have to worry about gift giving and consumerism as much as it is a day to spend time with family and loved ones. When I was in the Air Force and then in seminary it was especially important to me to gather up as many people who I knew would be unable to afford to go home to family or who might spend that day alone, and cook and eat a Thanksgiving meal together. We may not have had all of the fixings but we had each other. I always remembered my mom inviting people who might otherwise been alone to come to our house for dinner. I think when I went off on my own it was important to me to find ways to continue that tradition. I look forward to our Thanksgiving meal together on November 18<sup>th</sup>, when we gather together as a community.

As I think back to the highlights of the past couple of months it's been wonderful getting to know so many of you. Association Sunday and the reception for my ordination were great. I really appreciate all of the goodies and help everyone provided, especially Yvonne Fort for coordinating the event. Regarding the collection during the worship service we won't know the exact amount raised that day until later in the year, but the gifts given were close to \$900 and these dollars will be matched by a matching grant given to Unitarian Universalist Association. I was pleased to tell you at the service about the Time Magazine ad that has come out and even more excited about a 12-minute video, "Voices of a Liberal Faith," with inspirational messages about our faith that has been produced as a part of ongoing effort to spread the good news about Unitarian Universalism. The video will be available for viewing on Saturday, November 11<sup>th</sup>, during our New UU class.

Finally, I want to invite you and your family to come and watch *Harry Potter and the Sorcerer's Stone*, with me the evening of November 11<sup>th</sup> at 6 p.m. I'm a huge Harry Potter fan and hope we will make watching the first four movies together a monthly event.

Take care,

Linda

### November

**Happy Birthday  
Wishes to:**

- |               |               |
|---------------|---------------|
| 4 Liz K.      | 17 Abby L.    |
| 5 Adler K.    | 19 Kathie G.  |
| 7 Alison H.   | 20 Eric L.    |
| 7 Morgen M.   | 23 Meriah F.  |
| 8 Stephen S.  | 23 Allison H. |
| 12 Sara F.    | 24 Mike S.    |
| 12 Greg V.    | 25 Shelby S.  |
| 13 Russell L. | 26 Susan L.   |
| 16 Ellen T.   |               |
| 17 Anita G.   |               |



(Please contact Kirsten J. if your name is not included in the birthday congratulations.)

## On Board!

The new church year is firmly under way and things are going well, which was reflected in the October Board meeting. New members Scott H. and Anna F. were welcomed into our community. Our tech team continues to update our computer system. We'll soon have a new printer/copier/scanner, and Windows Office and Publisher software will be installed on the office computers. And the process to revamp the LCUUC website has begun.

Gerry F. presented the Step It Up 2007 rally that Green Sanctuary is hosting at Lapham Peak November 3<sup>rd</sup>. We hope to have great support from our congregation and the community for this call to action of our representatives on the issue of global warming. Looks like there will be some great speakers and organizations at this event.

The Art Fair was discussed and we can all, along with the weather and bugs, pat ourselves on our collective back for a job well done. It was a wonderful way to interact with the community, and over \$4,000 in profits was made. We are still looking for volunteers to co-chair this endeavor next year. To date, two members have stepped up. As Traci L. says in her article later in this newsletter, "The foundation has been established...The procedures and processes used have all been detailed and documented so that, too, will offer the new committee members less work."

Remember, if you have any questions or comments about our church, feel free to speak to any of the Board members. We're listed on the Order of Service every week. Peace.

*Submitted by Liz K.*

## ☞ November Calendar of Events ☛

Every Tuesday	SOS	7- 8:30 p.m.	LCUUC
Thursday, 1	Church Board	7 p.m.	LCUUC
Saturday, 3	Day of Mindfulness	8:30 a.m. – 4:30 p.m.	LCUUC
Saturday, 3	Step It Up	1- 3 p.m.	See page 9.
Sunday, 4	Choir rehearsal	8:30 a.m.	LCUUC
Sunday, 4	Food pantry collection	Service	LCUUC
Sunday, 4	Make a Difference Day*	10:00 (start)	See page 9.
Saturday, 10	New UU orientation	10:00-11:30.m.	LCUUC
Sunday, 11	Choir rehearsal	8:30 a.m.	LCUUC
Sunday, 11	New UU orientation	11:45 a.m. – 2 p.m.	LCUUC
Sunday, 11	Harry Potter & the Sorcerer's Stone	6:00 p.m.	LCUUC
Monday, 12	Meditation	7 p.m.	LCUUC
Wednesday, 14	Social Action Committee	6:30 p.m.	LCUUC
Saturday, 17	Socrates Café	7 p.m.	Milw. St. Traders
Sunday, 18	Choir rehearsal	8:30 a.m.	LCUUC
		Sing for service**	
Sunday, 18	Thanksgiving dinner	After service	LCUUC
Friday, 23	Outreach Meal	5-7 p.m.	St. Matthias
Sunday, 25	Choir rehearsal	8:30 a.m.	LCUUC

\* For middle- and high-schoolers. See page 9 for details.

\*\*The Children's Choir will also sing during the service.

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# Children's Religious Education Update

As we have entered this wonderful autumn I am reminded of how fast the seasons change and time flies. Please read below to stay informed about all the developments that are currently under way in our Religious Education (RE) program.

## **Make A Difference Day**

This day is sponsored by Interfaith of Waukesha and involves both our high schoolers and middle schoolers. Read the article under Social Action on page 9 for more information on this volunteer opportunity for our youth.

**Please keep an eye on the Order of Service as we get closer to the holidays, as well as our RE bulletin board in the social hall. These areas will keep members informed of activities and details on our Joint Religious Education days.**

RE classes are broken up into the following groups, each teaching a specific area:

## **K4-5: We Are Many, We Are One:**

Based on the philosophy that young children learn about religion through relationships. Children get acquainted with themselves, others, and the environment around them.

## **1<sup>st</sup> – 2<sup>nd</sup>:**

*Honoring our Jewish and Christian Heritage* acquaints children with two important sources from which our Unitarian Universalist traditions have grown. This curriculum emphasizes the importance of celebration and ritual in religion, focusing on holidays and other "special times" people set aside to honor significant life events.

## **3<sup>rd</sup>-5<sup>th</sup>:**

*We Believe: Learning and Living Our Unitarian Universalist Principles* helps children learn to make positive statements about what Unitarian Universalists affirm and value (rather than defining ourselves by what we do *not* believe). Each class period will focus on one of the 7 Principles.

## **5<sup>th</sup>-6<sup>th</sup>: Transitions I—Identity:**

The program will be offered in the late winter/early spring and will culminate in a worship service presented by the children. Students will spend 6 weeks engaging in activities designed to help them develop self-awareness in the context of time and religious community.

## **Middle School (6<sup>th</sup>-8<sup>th</sup>):**

This curriculum provides an opportunity for youth to explore the faith practices of a variety of religious groups in the surrounding community. Visits to churches and temples are a favorite highlight of the program. Each unit includes preparation, a field trip (or guest) and time to reflect on the experience. A field trip to further enhance the concept of surrounding communities is to be planned for the spring. Youth will also participate in social action projects throughout the year.

## **High School:**

Class time is devoted to discussions on topics chosen by the students, visits from guests to talk about their personal passions or spiritual practice, and planning social action projects. This class also attends worship services on occasion to hear sermons of interest. Leadership opportunities are available, through working with younger children in the congregation and as active participants in worship services. The DRE will keep this group up-to-date on Youth Cons and other opportunities inside and outside church for learning and community-building with other UUs. Students in their last year of high school may choose to complete Transitions—an independent, yearlong exploration of personal UU faith. If you are interested you may register at any time.

Mary Movsessian is our Director of Religious Education and is available during office hours and via email and telephone. Her hours are Thursday and Friday from 8 a.m. to 1 p.m. and Thursday evenings from 6 p.m. to 8 p.m.. She is also available before, after, and during services on Sundays. Phone: 262-617-5260, email [mmovsessian@yahoo.com](mailto:mmovsessian@yahoo.com).

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## Day of Mindfulness

Come join us on **Saturday, November 3**, as we celebrate a day of mindfulness together. All are welcome, whether you are a seasoned veteran or new to the practice. The day will be led by Paul Norton, MD, a member of the Order of Interbeing.

A tentative schedule:

- 8:30 Registration/coffee, tea
- 9:00 Introduction/meditation instruction
- 9:30 Sitting and walking meditation
- 10:30 Break
- 10:45 Outdoor walking
- 11:30 Movement/guided meditation
- 12:15 Silent lunch (bring your own, vegetarian please)/lazy time
- 1:15 Dharma talk
- 2:15 Guided meditation
- 3:00 Break
- 3:15 Discussion sharing
- 4:30 Good-byes

Fee \$15. Please bring your own meditation cushion(s) if possible. We will have some available, but not a lot.

Contact Kathie G. at the church office to reserve your spot or with questions.



# New UU Orientation

New members, friends, and anyone thinking about joining the church are encouraged to attend a two-part UU Orientation Class led by Rev. Linda Berez. Sessions will be held on **Saturday, Nov. 10** from 10:00 to 11:30 and **Sunday, November 11** from 11:45 to 2:00.

Saturday's session will focus on our spiritual journeys. On Sunday Rev. Berez and others will talk about the history of Unitarian Universalism, LCUUC's history, culture, governance, programming, what it means to be a member and ways to get involved. A light lunch will be provided on Sunday for participants, and child care will be available for both sessions to those who request it in advance. If you are interested, please sign up by Nov. 5 on the form found on the large bulletin board in the social hall. Contact Yvonne F. or Lynne S. at the church office if you have questions.

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## SEWUUC FRUIT AND NUT SALE

The annual SEWUUC fruit and nut sale continues, so visit the table in the Social Hall on Nov. 4<sup>th</sup> or 11<sup>th</sup> to place your orders! There are many delicious choices of chocolates and other confections, dried fruits, nuts, mixes, and snacks. Orders may be picked up December 2 and beyond. These items can be used for baking or snacks, and make great gifts. Profits from the fruit and nut sale sponsor ads on radio stations WHAD, WUWM, and WGTD. Ten percent of our net sale will be returned to LCUUC for local publicity efforts.





## Choir Notes



### Christmas Choir Invitation

Would you like to sing Christmas songs with us? Yes, you **can** join choir just for the Christmas season, but a word of caution ... you may become hooked and want to be in choir permanently. You must be at least 11 years old and be willing to put your heart and soul into the music. Contact Karen H. at the church office by **November 11<sup>th</sup>** if you are interested.

### Young Singers Unite

All young singers are invited to join the LCUUC children's choir, for a good time, for a musical experience, and for a chance to share their talents with the church community. This opportunity is open to all children, from nursery age to as old as they want to come (generally through 5th grade). We will rehearse after the service for 20 minutes on November 4 and 11, and will perform in the service on November 18. Young singers: Please join us!

## Annual LCUUC Thanksgiving Pot Luck—Sunday Nov. 18

Members, friends and relatives are all welcome!

- We will serve at the church, immediately after the service.
- There will be sign ups for attendance/food, setup and cleanup helpers.
- You can sign up after services or via email until then.
- Due to the limited kitchen and time, food items should be brought ready to serve.
- Hot dishes should be HOT and in an insulated container or crock pot.
- Please carve your turkeys at home if possible.
- Watch your email for further communications.



Contact Tim P. or Deb S. at the church office with any questions.

### Recycle Ink Cartridges

Bring your used ink cartridges to church for recycling. This fits into our Green Sanctuary emphasis and also brings in money to Lake Country Unitarian Universalist church. Both ink jet and laser cartridges can be recycled. Look for the basket in the social hall. Questions? Contact Ginger G. at the church office.

### Coat Drive Collection for Hebron House

We will be collecting new or "recycled" outerwear for Hebron House of Hospitality in Waukesha this year. Hebron House provides emergency shelter, food, and support services free of charge to persons experiencing homelessness. Last year they served 1,542 individuals; 42% of them were children. After looking through your closets for outgrown or out-of-favor items—coats, jackets, hats, mittens, etc.—please bring them in and place them in the box that says "Outerwear for Hebron House" in the Social Hall.

## Get Involved / Things to Do

### Meditation Mondays

In November we will meet, as usual, on the second Monday of the month, **November 12**, for our Meditation Monday gathering. Our meeting will be led by Paul Norton of the Order of Interbeing. We meet from 7 to 9 pm at the church. Paul will offer instruction in meditation from 6:30 to 7 p.m. for beginners or those wishing to have a refresher.

We are loosely using the book *A Path with Heart*, by Jack Kornfield, as a guide. In November we will study chapters 14 and 15, but it is fine to come without having read the material.

Meditation Mondays are free and open to all members, friends, and community members. Please call Joanne N. at the church office with any questions.



### Time, Talent & Treasure Silent Auction

It's already going on, but not too late to join in for our traditionally most successful fundraiser — the annual Time, Talent & Treasure Silent Auction. For our newest members, this is the time when we donate (as the name implies) our time, talent or treasures. The possibilities are endless, so put your creative thinking to work and have fun.

Forms are available at the church next to the drop box. There is a "Wish List" posted near the drop box so that specific donations of time/ talent/treasure may be requested.

**NOTE:**The auction has been extended by one week from its original deadline. The new timeline is:

November 11th: Final bids accepted. Auction ends at noon.

Nov 18th & 25th: Winning bidders payment due.

### Join Us for Socrates' Café!

Join us for a casual, lively philosophical inquiry! Bring a question (if you'd like), such as "What is courage?" or "What is enough?" Using the Socratic method, in which the meanings of the words and the underlying assumptions in the question are examined, we will perhaps not answer the question, but it will be explored from many angles. You might come to listen, you might want to participate in discussion. Either way, we hope to see you there!

Date: 3rd Saturday of the month (this month, that's the 17th)

Time: 7 - 9 pm

Place: The Milwaukee Street Traders (one block west of Hwy C, on Milwaukee Street, in Delafield)

Please call Phil S. at the church office with any questions.



If anyone is interested in being a chair or co-chair, for this fundraiser, please contact Traci L at the church office.

The foundation has been established. The artists' comments and suggestions were very positive, with 75% indicating they would return again. So, building on the number of artists will be a far easier task. The procedures and processes used have all been detailed and documented, so that too will offer the new committee members less work.

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## Social Action

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### November 4 Food Pantry

The Nov. 4 food pantry collection has been designated for the Oconomowoc Pantry. This pantry is located at W359 N5848 Brown St., Oconomowoc, on the south side of the St. Vincent De Paul store location (old Piggly Wiggly store on Hwy P north). It is open on Tuesday and Thursday from 1:30 to 2:30 p.m. and 6:30 p.m. to 7:30 p.m. and on Saturday from 9:30 a.m. to 10:30 a.m. The phone number is 262-567-7054.

Food items that are needed include cereal, pancake mix, syrup, canned soup, tuna fish, canned fruits, canned vegetables, Jell-O, macaroni and cheese, complete meals, which includes meat, peanut butter and jelly, dried milk and juice.

Thank you to the S. family for taking the September donations to the Hartland food pantry. In addition, \$156 in monetary donations was mailed to the pantry. The October collection of 6 bags of food and household items was taken to the Hebron House in Waukesha by Helen B. and \$90 in monetary donations received in October was also mailed to Hebron House.

The Oconomowoc food pantry also has a special event planned for December 10, when a Canadian Pacific Railroad Holiday Train will come into town. The stop will mean more than just a photo op and a few holiday snapshots, especially for those who might be relying on the

Oconomowoc Food Pantry for assistance this holiday season. The train is part of an ongoing hunger awareness campaign run by the Canadian Pacific Railway since 1999. With the train, decorated with thousands of Christmas lights, CPR hopes to raise awareness of the issue of hunger prevalent in all communities and to raise funds and food for each of the local food banks or pantries were the train stops.

Prior to the train's stop in Oconomowoc, area residents are asked to drop off food for the Oconomowoc Food Pantry at the following locations: YMCA at Pabst Farms, Silver Eagle, the Oconomowoc Chamber of Commerce, the city's Park, Recreation and Forestry Department, Kmart, Lorleberg's True Value, Impact School, Snyder Insurance, Sentry Foods, and First Bank Oconomowoc. Residents can also bring food donations to the Oconomowoc Focus office, where donations will be met with matching funds as part of the newspaper's Yule Feed Families food drive. Lake Country Publications, the publisher of the Oconomowoc Focus, will match donations by giving 40 cents for every food item and 70 cents for every dollar donated to the Yule Feed drive. Donations can be dropped or mailed to the Oconomowoc Focus, 108 N. Main St., Oconomowoc, WI 53066.

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### Outreach Meal

Eight volunteers are needed to help serve the hot, nutritious Outreach Meal to those in need on **Friday, Nov. 23**, from 5 to 7p.m. at St. Matthias Church in Waukesha. (This is the day after Thanksgiving.) Volunteers do some minor meal preparation, help serve the meal, and clean the tables and chairs afterwards. As a church, we are also asked to donate 4 gallons of milk along with dessert for approximately 50 people. Church youth may assist if they are mature and over the age of 12, with an adult attending. Please contact Helen B. at the church office to volunteer or to ask questions about serving.

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## Social Action/Green Sanctuary



### Saturday, November 3

Step it Up 2007 to curb global warming events across the country – scheduled exactly one year before the 2008 national election – will demonstrate the contrast between the intense concern of ordinary Americans and the leadership vacuum on this issue in Washington. A similar event last April produced more than 1,400 rallies in all 50 states, making it the largest global warming event in United States history.

There will be a rally at Lapham Peak State Park from 1 to 3 p.m. that day, with music, speakers, and a petition to our President, Senators and Representatives asking them to “step it up” and show real leadership, including these key priorities: (1) 5 million green jobs conserving 20% of our energy by 2015 (2) freeze climate pollution levels now and cut at least 30% by 2020 and 80% by 2050, and (3) a moratorium on new coal-fired power plants. The rally will be at the Summer Stage, which is a 1/4 mile walk from the main parking lot. The Summer Stage amphitheater has no permanent seating, so plan to stand, sit on the grass, or bring folding chairs.

You will need a State Park sticker to enter the park. Car-pooling and bicycling to the event is encouraged. See any member of the Green Sanctuary Committee for details.

### Make A Difference Day—Sunday, November 4

Once again, LCUUC will be helping to **Make A Difference** in the lives of some older adults in Waukesha County. Interfaith has matched us up with two elderly individuals who need help with fall yard work.

Our high schoolers will be helping a woman in Hartland, and our Middle Schoolers will be assisting a woman in Waukesha. Both groups will leave from church at 10:00 a.m. on Sunday, November 4, returning when they're done.

If you have any questions about this, please contact Kerry D. at the church office.

**Don't forget! Submit articles by September 20th for inclusion in the October newsletter.**

Mail items to: LCUUC—Newsletter, PO Box 437, Hartland, WI 53029-0437

Or email to : [newsletter@lcuuc.org](mailto:newsletter@lcuuc.org)



### WHO'S WHO AT LCUUC

If you have any questions regarding Lake Country Unitarian Universalist Church, feel free to call 262-369-1703.

### NEWSLETTER DEADLINE

Submit all articles by the 20th of each month for inclusion in the next month's newsletter.

Mail items to: LCUUC—Newsletter,  
PO Box 437,  
Hartland, WI 53029-0437  
Or email to: [newsletter@lcuuc.org](mailto:newsletter@lcuuc.org)

### OUR MISSION STATEMENT

Lake Country Unitarian Universalist Church is a religious community that encourages spiritual growth in compassion, wisdom and understanding. We draw inspiration from the principles of Unitarian Universalism, diverse religious sources, and the breadth of human experience. We seek to live in accordance with this inspiration, working for positive change in our community, country and the world.

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[www.lcuuc.org](http://www.lcuuc.org)

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