

## July Newsletter

For questions or details regarding any activities listed below, please send an email to church@lcuuc.org or call our church office at 262-369-1703

### Get Involved/Things to Do

#### Meditation Mondays

In July we will return to our usual 2nd Monday of the month Meditation Gatherings led by Paul Norton of the Order of Interbeing.. We meet from 7pm to 9pm on July 9th at the church. Paul will offer instruction in meditation from 6:30-7:00pm for beginners or those wishing to have a refresher. Over the next year we will loosely be using the book *A Path With Heart*, by Jack Kornfield, as a guide. In July we will study chapters 6 and 7, but it is fine to come without having read the material. Meditation Mondays are free and open to all members, friends, and community members. Please call Joanne N at the church office at 262-369-1703 with any questions.

#### Children's Activities at the Harvest Art Fair

We will have an activity area for children at the September 8<sup>th</sup> Harvest Art Fair at LCUUC. Although all the art and activities have not been finalized, we would like to include our own church youth to help in this area. Some of the activities may be face-painting, drawing, collage making, etc. We will need assistance to help guide some of the children in the art activities. Please have an adult contact Helen or Nadine B at the church office at 262-369-1703 with questions or to volunteer. If you have a great idea that you have seen work in the past, please let us know also, as we will need to obtain materials soon.

#### Adopt A Highway

Our summer Adopt A Highway cleanup will be on Saturday morning, July 14. Meet at the LCUUC parking lot at 9:30 AM. Our stretch of road is Highway E, from the intersection with K (northwest corner of LCUUC property) north to where E turns sharply to the west (about 1-1/2 miles total). It takes about 2 hours total and is a nice sociable walk in addition to doing something to help our environment. Per Waukesha County rules, children participating must be at least 11 years old or in 6th grade. Wear good walking shoes, gloves and a hat; we supply the bags, orange vests, and refreshments! Contact Gerry F at the church office at 262-369-1703 to sign up.

#### Outreach Meal

Eight volunteers are needed to help serve the hot, nutritious Outreach Meal to those in need on Friday, August 24, from 5-7pm at St. Matthias Church in Waukesha. Volunteers do some minor meal preparation, help serve the meal, and clean the tables and chairs afterwards. As a church, we are also asked to donate 4 gallons of milk along with dessert for approximately 50 people. Church youth may assist if they are mature and over the age of 12, with an adult attending. Please contact Helen B at the church office at 262-369-1703 with questions or to volunteer.

### Children's RE for Summer Sundays

During summer worship services, children will have the chance to find out what interests some of their “grown-up” friends at LCUUC. Several of our members have volunteered to share a special passion with our kids, and demonstrate how it relates to one or more of our UU Principles and Purposes.

Children will divide into groups based on interest, rather than age. The activities are aimed at elementary and early middle-school kids. Older youth are invited to join in the worship service, or volunteer to assist one of the adults leading the activity.

We could use one more offering each month! Please contact Christi E at the church office at 262-369-1703 to volunteer, or send mail dre@lcuuc.org,.

#### **JULY 15:**

1. The Golden Rule: Betsy F and the children will explore the concept of treating others as they wish to be treated, through a story, song, reflections, and brief discussion. Each child will also participate in an activity of his/her choice from several fun options related to various versions of the golden rule from major world religions. This topic touches on many UU principles, especially the principle of justice, equity and compassion in human relations.
2. Yoga: Many yoga poses are named after animals, plants and other parts of nature. Kerry D will lead simple poses that celebrate our connection with the web of life.
3. Possible art activity: TBD

#### **AUGUST 12:**

1. Write and speak Chinese numbers from 1 to 99: Dian E will present fun activities for learning to count in Mandarin Chinese. It's easier than you think. Learn to draw the beautiful characters for each number, too!
2. Photography: Using a traditional, large format view camera, Janica Y (a photographer for over 20 years) will demonstrate how to take 4x5" BW polaroids. This type of camera is excellent for portraits and landscape views, and in spite of its size, is an easy way to learn the basics of shooting pictures. Each of you will have a chance to set up your own shots. Photographing yourself and your friends is a great way to see yourself and your world in a new way!
3. Possible special guest/story time: TBD

**RE at Home and Away: “Between Sundays” Online Resource:** The Church of the Larger Fellowship website provides resources for UU families “between Sundays”. Check out their games page, where you can print puzzles and other fun stuff just right for rainy day activities or something to do on a long car ride this summer. KidTalk is an online magazine with more things for UU kids to think about and do.

SEE: [www.clf.uua.org/betweensundays/games](http://www.clf.uua.org/betweensundays/games) AND [www.clf.uua.org/kidtalk](http://www.clf.uua.org/kidtalk)

## Summer Book Groups

The remaining dates for this summer's three book groups are listed below. All groups meet at church at 10 am (on days when there are no services).

The three options are: (1) *The World's Religions*, by Huston Smith. (2) *The Bible* (Optional supplement: *Understanding the Bible: An Introduction for Skeptics, Seekers, and Religious Liberals*, by John A. Beuhrens.) (3) *The Sparrow*, Mary Doria Russell.

If you're planning to buy the book(s) online, don't forget to use the link on the LCUUC website (we get a kickback that way -- it's the same price to you). Walk-ins are always welcome at any book group!

### *The World's Religions*

July 1: Buddhism

July 22: Confucianism and Taoism

August 5: Islam

August 26: Judaism and Christianity

### *The Bible*

July 8: Topic TBD by group

July 29: Topic TBD by group

August 19: Topic TBD by group

September 2: *The Sparrow*

General Announcements:

### Introducing the American Unitarian Conference (AUC)

Submitted by Ben Frank, member of AUC

We'd like to spread the word about the American Unitarian Conference. It's not a denomination or a church. It's an organization serving as a network for people who have a Unitarian theology. They welcome Christians, theists and deists.

It was founded in the year 2000 by several Unitarian Universalists who desired a network for traditional Unitarian believers. The organization is independent of the Unitarian Universalist Association.

We invite you to explore the website at [www.americanunitarian.org](http://www.americanunitarian.org).

### News from the Central Midwest District of the UUA

Submitted by Gretchen Ohmann, Communications Coordinator

Job postings are now available from the main menu at our website, [www.cmwd-uua.org](http://www.cmwd-uua.org). Look at the menu on the left side. Go to "Jobs" at the bottom of the main menu. There will be two categories, part time and full time. Clicking the "part time" link will show you the two jobs currently posted. Each posting will run 30 days with the possibility for renewal.

If your congregation has a job opening, please e-mail Gretchen Ohmann at [communications@cmwd-uua.org](mailto:communications@cmwd-uua.org) with the listing. Be sure to include complete contact information.

### July Calendar of Events

July 1-8	Midwestern UU Summer Assembly	ongoing	Oconomowoc
Tuesday, 10 <sup>th</sup>	Art Fair Committee Meeting	6:30 pm	LCUUC
Saturday, 14 <sup>th</sup>	Adopt a Highway	9:30-11:30 am	Meet at LCUUC
Sunday, 15 <sup>th</sup>	Church Service	10 am	LCUUC
July 24-31	Katrina Youth Work Camp	ongoing	New Orleans, LA

SOS will meet every Tuesday evening from 7-8:30 at LCUUC in the high school room.